

Carteret General Hospital's Beach Reach Team reminds you to protect the ones you love!

- Drink Lots of Water!
- Wear Sun Protection!
- Keep your Child in Site!
- Avoid Stingrays, Jellyfish, Oyster shells and Fish hook injuries!
- Remain calm & swim parallel to Shore in Rip Currents!

Should you need urgent or emergency help,
we're here for you

CGH Urgent Care

WHEN Your Primary care doctor is unavailable and you need help for a problem that is not a life threatening emergency

EXAMPLES

Fish hooks
Sunburns
Colds/Allergies
Stings like Jellyfish and Sting Rays
Sprains
Urinary tract infections
Cuts from Oyster shells
Ear infections
Tetanus Vaccinations



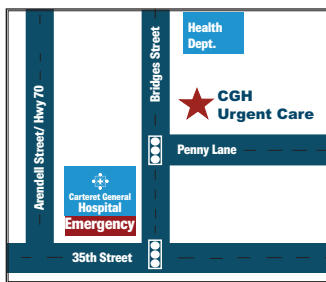
Emergency Care

CALL 911

WHEN Anytime in case of serious illness or injury

EXAMPLES

Heart attacks, Strokes, Drowning,
Dehydration, Severe bleeding,
Poisoning



Open 7 days a week!

Monday–Saturday 9am-9pm

Sundays 12pm-8pm

Call 252-808-6641



A Division of Carteret General Hospital

3722 Bridges Street, Morehead City
www.cghurgentcare.com

CGH EMERGENCY

CARTERET GENERAL HOSPITAL

Our Mission Is Your Health

3500 Arendell St., Morehead City
www.ccgh.org

Have Fun! Be Safe!